

B'NEI MITZVAH STUDENT PROGRESS CHECKLIST

The following is a list of skills and prayers that B'nei Mitzvah will be asked to know and lead at their Bar/Bat Mitzvah. This is the general order of prayers in which tutors will review them. Beth El B'nei Mitzvah are expected to lead Kabbalat Shabbat and Friday Ma'ariv services, Shabbat morning Shacharit and Torah services as well as have an *aliyah* to the Torah and read at least one *aliyah* from the Torah. While students at Beth El typically also read the Haftarah for the day, it is not the centerpiece of the Bar/Bat Mitzvah service here the way it is at many other synagogues. Students will read some, all or none of the Haftarah at Beth El. Some students may read a Haftarah at a later date. Our goal is that the students gain as many skills as they can during their B'nai Mitzvah preparations, but we highly encourage learning to continue after the simcha.

B'nai Mitzvah Learning Goals	Page #s in Siddur Sim Shalom	Page #s in Siddur Lev Shalem
How to have an aliyah + appropriate brachot	400-402	172
How to put on tallit + appropriate brachot	4	102
Kabbalat Shabbat including:		
Yedid Nefesh	252	10
Lechu Neranenah (1st 2 lines)	254	11
Arbaim Shanah	254	12
Shiru L'Adonai (whole psalm)	254-256	13-14
Ohavei Adonai (last 4 lines of psalm 97)	256	16
Mizmor Shiru L'Adonai (whole psalm)	256-258	17-18
Rommemu	258	20
Mizmor L'David (whole psalm, Friday night melody)	260	21
L'cha Dodi	262-264	23-25
Tov L'Hodot (2nd and 3rd line)	266	27
Tzaddik Katamar (last 4 lines of the page)	266	28
Eidotecha Ne'emnu (last 2 lines)	268	29
Maariv, including:		
Barchu (Friday night melody)	279	39a
El Chai V'Kayam	280	39a
Ahavat Olam (whole paragraph)	282	40
Shema (1st and 3rd paragraph only)	284-286	41-42
U'Malchuto through Ga'al Yisrael (end of page)	290	44
Ufros Aleinu	292	45
V'Shamru (Carlebach melody)	294	46
Hatzi Kaddish (Friday night melody)	294	46

V'Yichulu	314	53
Friday Night Amidah Repetition	314	53
Kaddish Shalem	316	54
Kiddush for Friday Night Shabbat	318	55
Aleinu	320-322	56-57
Yigdal	326	62
Torah Service, including:		
Opening the Ark	394	168
Beh Ana	396-398	170
Removing Torah from the Ark	398	171
Ashrei	420-421	181-182
Returning Torah to the Ark (Procession)	422-424	183
Placing Torah in the Ark (Uv'nucho Yomar-Eytz Hayim)	426	184
Shabbat Morning Shacharit, including:		
Shochein Ad	336	147
Uv'Makhalot and Yishtabach	338	147-148
Hatzi Kaddish (Shacharit Nusach)	338	148
Barchu	340	149
Yotzer Or + first line of next paragraph, Hakol Yoducha)	340	150
Ein Kehrkecha (the box)	340	150
El Adon	342	151
La'el asher (first two sentences, through "HaShabbat")	342	152
Kulam Ahuvim through Baruch K'vod Mimkomo	344	153
Or Chadash	344	153
Ahava Rabah	346	154
Shema (1st and 3rd paragraphs)	346-348	155-156
L'dor VaDor	350	157
Malkeinu Melech Avoteinu through end of paragraph	350	157
T'hilot L'el Elyon through Ga'al Yisrael	350-352	158
<i>Amidah (full repetition including Birkat Kohanim on 362) see Rabbi Greyber if the Bar/Bat Mitzvah is on a holiday or Rosh Chodesh</i>	354-364	159-166
Hallel (only if Rosh Chodesh or Holiday)	380-388	316-321
Kaddish Shalem	392	167
Torah Trop		

Torah reading (Maftir)		
Haftarah, including:		
Haftarah Trop		
Blessings before Haftarah	410	175
Haftarah portion		
Blessings after Haftarah	410-412	175
Torah reading (additional aliyot)--optional		
Weekday Shacharit--optional		