

## Support for Those who Mourn

During the pandemic, Growing thru Grief is continuing to offer support to those who have lost a loved one. Our sessions are now on Zoom. Those interested in attending need to register each week. To register, please send your request to [admin@growingthrugrief.org](mailto:admin@growingthrugrief.org). Then we can send you the information. We need to receive your inquiry by 8 am on Monday for Tuesday's session. We meet each Tuesday from 4:15-6, with a presentation plus small group discussion.

Here is the schedule of speakers for the next few weeks:

June 23	Rev. David Brooks: "Life is Conversation: Being Comfortable with Not Knowing"
June 30	Rev. David Franzen: "How to Know When You Need Help"
July 7	Bodie McCann (To be Determined)
July 14	Rob Womack: "From Consolation to Connection: Two Sides of Loss and Healing"
July 21	Rabbi Matthew Soffer (To be Determined)
July 28	Donna Kaye: "Grief Waves"
August 4	Aaron Klink: "The Communion of Saints"

Growing thru Grief is a free, open, confidential program sponsored by coalition of area religious and civic organizations to provide support and comfort to those who mourn.