

Beth El Quarterly Bulletin April 2017 Nisan 5777

FROM OUR RABBI: The Visible Presents The Invisible



Learning is one response to death. I recently re-read Leon Wieseltier's book, *Kaddish*, a wandering, dizzying excavation of origins of a prayer precious to so many. He describes a mourning custom from the Talmud we don't do any more: wearing a mourning scarf called *mitron*.

The *mitron*, or *matran*, was a small cloak, or a cowl, or a hood from which there fell a tail of cloth that could be draped on the shoulders or wrapped around the neck. It could also cover the eyes. I consult a history of Jewish costume on my shelf and learn that it is "a *chaperon* whose great importance derives from the fact that it serves as a covering of both the head and the eyes so that the worshipper was entirely wrapped at the time of prayer." (A *chaperon* is a hood.) I remember this wrap from early modern German woodcuts that depicted Jews in the house of worship. And I like this interest in the mourner's attire. It is appropriate to the drama. When life has isolated you, a sign of your isolation may be useful as a communication to others that they must not expect to encounter you whole. The ripped garment in which the mourner returns from the funeral is such a device, and so, too, is the mourner's wrap, the covering of the mourner's head. The visible pre sents the invisible. (*Kaddish*, pgs 477-78)

When I read about the *mitron*, I thought about my beard. I've chosen to keep a beard since my father died. It's not required. Halakhah permitted me to shave after *sheloshim*, thirty days after the funeral, but I found myself wanting a beard. Why? It felt too soon to return to normal. Losing my father changed things. I feel more exposed, more vulnerable. I can't call my father with a question. I have an older brother and an older sister and my mom, but things feel strangely "up to us" or "up to me" in an unsettling way, even if I'd been making all these decisions before. In any case, I think I want a beard because I don't want people to "expect to encounter [me] whole." I am moving through the world. I am functioning. But I don't feel whole. I want something visible - a beard - to present this otherwise invisible brokenness to the world.

In *The Unbearable Lightness of Being*, Milan Kundera writes, "[Human lives] are composed like music. Guided by his sense of beauty, an individual transforms a fortuitous occurrence...into a motif, which then assumes a permanent place in the composition of the individual's life...Without realizing it, the individual composes his life according to the laws of beauty even in times of greatest distress." Even if Jewish law only requires thirty days, I crave the tradition's motif for longer. Perhaps it is (only?) the laws of beauty that compel me but: I do not want this year to be the same.

When will I shave? I'm not sure. Passover? Feels too soon. Perhaps Shavuot when the weather turns hotter and a beard will be less comfortable? Does it make me superficial to decide based on the weather? I feel the temptation to keep it for the the year. To endure the summer in Durham and Israel with a beard as a sacrifice, like the kaddish, a symbol of fidelity to my father's memory, a reminder to myself and others that this year is not like other years.

A final thought. What did they do with mitron when shiva was over? Was it passed on to others in the community, or kept for others in the family when their time to mourn would come? Where are the shirts I tore? Where do people put the black ribbons? That the whiskers will just wash down the drain feels wrong. I want my symbol to last, not to mourn together, but to remind others when they walk this path that they are not alone. Others have been there before.

The Beth El Bulletin is the newsletter of
Beth El Congregation.
We appreciate any feedback and input.
Bulletins are also archived online.
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	Gabbai Rotation							
Please contact the weekly Gabbai, if you'd like to								
request an aliyah or help lead services at								
aliyot@betheldurham.org								
	Please do not call on Shabbat or other holidays							
4/1	Vayikra Diane Markoff (diane.markoff@earthlink.net)							
	Bar Mitzvah of Liam Spinner							
4/8	Tzav Hagadol Isaac Price (isaac@isaacprice.org)							
4/11	Pesach I Matt Diamond (mattdiamond@mindspring.com)							
4/12	Pesach II Diane Markoff (diane.markoff@earthlink.net)							
4/15	Hol Hamoed Pesach David Kirsch (dkirsch@md.duke.edu)							
4/17	Pesach VII Stan Levy (slevy@mindsprings.com)							
4/18	Pesach VIII David Rubin (david_s_rubin@hotmail.com)							
4/22	Shemini Roger Perilstein (rperilstein@hrc-pa.com)							
4/29	Tazria-Metzora Alan Mandel (andelcpa@gmail.com)							
5/6	Aharey Mot-Kedoshim David Kirsch (dkirsch@md.duke.edu							
5/13	Emor Isaac Price (Isaac@isaacprice.org)							
5/20	Behar-Behukkotai Shula Bernard (shulabernard@gmail.com)							
5/27	Bamidbar Jon Wahl (jmwahl@email.unc.edu							
5/31	Shavuot I Matt Diamond (mattdiamond@mindspring.com)							
6/1	Shavuot II Alan Mandel (andelcpa@gmail.com)							
6/3	Naso Roger Perilstein (rperilstein@hrc-pa.com)							
6/10	Beha'alotcha David Rubin (daivd_s_rubin@hotmail.com)							
6/17	Sh'lach Lekha Bernie Fischer (Bernie fischer@duke edu)							

Want to know more about what's happening at Beth El? http://www.betheldurham.org/calendar/ http://betheldurham.org/community-announcements/

BE a B'nei Mitzvah! Mark your calendars for these upcoming B'nei Mitzvah

Liam Spinner April 1, 2017

Kol Resnick May 6, 2017

BE a Member

Beth El Synagogue welcomes the following new members to our community in 2017:

David & Laura Gabrieli, Jacob and Maya Sandy & Elizabeth Singer

BE a Beth El Member

Member Spotlight

The Glassman family have been members of Beth El since 2014. Valerie, a native New Yorker, and Matthew, who grew up in eastern North Carolina, met in 2006 when Valerie was working at North Carolina Hillel and Matthew held a temporary position at UNC. They were married in 2011 at Bay 7 on the American Tobacco Campus, and their 3 1/2 year old son Raphael (Rafi) was born in August 2013. Today they live in south Durham. Valerie is completing her tenth year at Duke as an Assistant Dean of Students, and Matthew has worked at the Highway Safety Research Center at UNC as a Tech Analyst for almost eight years.



"We joined Beth El because it feels so much like the congregation I grew up in," said Valerie. "It's a warm, friendly place with wonderful families, and it's the right Jewish home for us to raise our son in." When asked what he likes best about going to synagogue, Rafi said, "I like marching around with the Torah with Miss Emily [Hayes] on Shabbat, and when Miss Elisabeth [Gerson] gives me challah." The Glassmans frequently attend monthly Tot Shabbat services and Simchat Tot on Sundays.

BE @ Beth El Check out these upcoming events at **Beth Fl!**



BE at a Glance

April-June

<u>April</u> 1-3: Passover Food Drive 1: Shabbat Morning Services (Bar Mitzvah of Liam Spinner) 1: 10th Grade Midrasha Class Visit to Beth El Orthodox Kehillah 1: Children's Services 2: Durham CROP Walk 2-3: Good Deeds Day 7: First Friday Kabbalat Shabbat 8: Healing Yoga 9: Knitting Chevra 10: Minyan, Siyyum and Burning Chametz 11-19: Passover 20: Lunch and Learn with Rabbi Greyber 21: Kabbalat Shabbat Services 22:Parsha Study 23: Chapel Hill CROP Walk 23: Simchat Tot! 23: Yom HaShaoh Ceremony 24: Yom Hashoah 25: Sisterhood Potluck and Elections 29: High School Senior/New Driver Shabbat 29: Teen Lunch and Learn with Rabbi Greyber 30: Beth El DIGs SEEDS 30: Last Day of Talmud Torah/ Ceremony/Siyyum 30: USY & Kadima Kings Dominion Day 30: Yom Hashoah Memorial Service for Durham- Chapel Hill

<u>May</u>

1: USY & Kadima Kings Dominon Day 3: Talmud Torah- T'fillah Boot Camp 5: Kabbalat Shabbat Services (Bar Mitzvah of Kol Resnick) 6: Children's Services 7: Lifelong Learning: Rabbi Joseph Polak Talk 8: Simchat Tot!/Simchat Tot! Shabbat Picnic 13: Parsha Study 14: Knitting Chevra 18: Lunch and Learn with Rabbi Greyber 19: Got Shabbat? 19: Kabbalat Shabbat Services 20: Healing Yoga 21: Taste of Kitah Gan 21: Beth El Annual Meeting & Capital Campaign Celebration 26-30: USY Spring Convention

June

2: Kadima & 5th Grade Shabbat at Rabbi Greyber's 3: Camp Send Off Shabbat 11: Knitting Chevra 16: Got Shabbat? 17: Healing Yoga







B'Nai Mitzvah Weddings Business Parties ·All Festivities

2020greenscreen.com 919.678.3459 sandra@2020photo-video.com

FROM THE PRESIDENT—Noah Pickus



It's March and there's no shortage of issues and updates on things Beth El.

In February, the Beth El Board unanimously approved increasing the campaign goal from \$4.1 million to \$5.5 million to accommodate important additional elements recommended by Beth El members over several years of strategic planning. As Nathan Bearman and Gary Zarkin, Campaign Co-Chairs, write, "we are so appreciative of the early and significant support for this campaign that has encouraged us to explore enhancing our original renovation plans." Please mark **May 21** on your calendars for the **Beth El Annual Meeting**, followed by *Our Story, Our Time* festivities that update the congregation on the campaign and celebrate our individual and collective stories that have made Beth El the community we all cherish.

In March, the Board also received updates on the progress the Life and Legacy campaign team has made as part of the Grinspoon Foundation challenge to build our endowment. "This is not in competition with the Annual Fund or the Capital Campaign," Campaign Chair Bob Gutman told the Board. "In fact, it endows the new building--- in that it will assure adequate funding for our next generation just as our new building will assure a wonderful venue." Bob has recruited a terrific group of Beth El members as part of his team. I'm grateful both for the energy they are bring to this effort and for the inter-generational nature of the group which links Beth El's past and future.

In March, you should also have received an email from me providing an update on a proposed process by which Beth El might take a position on a public issue. In short, after an extensive Board analysis over three months, we invited comments from the congregation on our draft document. We received input from thirty-two congregants, most of whom commended the proposal. Some congregants strongly enjoined us not to undertake any process at all; others equally strongly urged us to go further and move faster. Many congregants carefully read the draft document and submitted helpful comments on specific items. I am grateful to all of you for the wisdom we received. We reviewed these comments at the February Board meeting, made specific changes and voted to affirm the revised policy.

Also in March, a Special Meeting of the United Synagogue of Conservative Judaism General Assembly passed overwhelmingly a measure granting freedom to congregations to decide whether to grant membership to non-Jews. "USCJ is committed to assisting welcoming, vibrant, and caring Jewish communities to fully engage the spiritual gifts of all community members. We celebrate the diversity among and within our kehillot and encourage the engagement of all those who seek a spiritual and communal home in an authentic and dynamic Jewish setting." Beth El already has established protocols governing the membership of non-Jewish spouses, partners and children, and we welcome the USCJ's statement.







Our Story, Our Time Capital Campaign Update April 2017

The campaign and renovation planning continues to make significant strides! More than **\$3,753,255 million** has been raised from 120 donors during our "quiet phase" of this historic initiative. And this spring, we look forward to sharing how every member of the Beth El community can play an important role in helping us reach our renovation goals to make our shul even more welcoming, accessible, safe, and secure.

Please mark **May 21** on your calendars for the **Beth El Annual Meeting**, followed by *Our Story, Our Time* festivities that will include food, drink, and activities to celebrate our individual and collective stories that have made Beth El the community we all cherish. At this event, we'll also provide updates and invite questions regarding campaign and building planning progress, and we'll invite all remaining members of the community to consider how they too can support this transformational project. More details on this celebration will be forthcoming in the following weeks.

As we've shared in previous updates, we are so appreciative of the early and significant support for this campaign that has encouraged us to explore enhancing our original renovation plans. At its February meeting, based on campaign progress and remaining projected support, the Beth El Board unanimously approved increasing the campaign goal from \$4.1 million to \$5.5 million to accommodate important additional elements recommended by Beth El members over several years of strategic planning.

We and other leaders of this campaign effort look forward to exploring with many more of you in the coming months how you can help make these renovation plans a reality – enhancing our synagogue to clearly express who we are and what we aspire to be!

Nathan Bearman Campaign Co-Chair <u>nathan@furniturelab.com</u> 919.618.9011 Gary Zarkin Campaign Co-Chair gzarkin@gmail.com 919.699.7282

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OTY

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looking for a lamb bone? we'll throw one in for free

Yes! I'd like a lamb bone please.

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OTY

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- _ Gold's Horseradish, White
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- Streit's Mayonnaise
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- Streit's Cooking Oil
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- 12 oz \$3.99
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OTY

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some money!!!!

<u> Talmud Torah</u>

Before each Bar or Bat Mitzvah at Beth El, we share a bio and a photo in the announcements, giving the community a chance to get to know them a little better. But do we really know what these kids are thinking about as they approach their B'nei Mitzvah? I recently had the chance to sit down with Kitah Vav (the 6th grade, Pre-B'nei Mitzvah class) and ask them a few questions about what it is like to prepare to become a Bar or Bat Mitzvah. Here are some of their answers:

What is involved in being pre-B'nei Mitzvah?

A lot of practicing, hard work and effort! We have to think about how we want to be as a Jewish adult.

What is involved in B'nei Mitzvah preparations?

You have to learn your torah portion, but not just the words that are written and how to sing them. You also have to learn the deeper meaning of the parsha and what the story is. You interpret the Torah portion and have a discussion with the Rabbi. He can help you figure out what the deeper meaning is.

You practice a lot of different prayers and learn the flow of the service.

You come to Saturday morning tutoring and services (this helps you learn the flow of the service and the prayers!) Sometimes you go to an older kid's Bar or Bat Mitzvah and get to observe them.

You also get to choose a Mitzvah project. There is a lot of freedom around this.

What is something you are most looking forward to at your Bar/Bat Mitzvah?

Everyone throwing candy at me! (Hopefully it won't be too hard or hurt!) Reciting the Torah portion. Being done and feeling accomplished! Having a party! Getting to sleep in a little later on Sunday mornings. Getting my own tallit.

What are you most nervous about?

Saying the words of the Torah. Trop! Being up on the bimah and being stared at/being the center of attention.

What is your favorite part of Shabbat services?

Right when the candles are lit. Passing out the challah. Knowing you have a long restful weekend ahead. The peacefulness. The eating!

What does having a Bar/Bat Mitzvah mean to you? What will be different once you become a Jewish adult?

I'll be a Jewish adult and make my own choices as a Jew. I'll have more freedom and not be considered a child in the synagogue.

I can participate more in the service and be a bigger part of the Jewish community. I'll have a "higher ranking" but still be a teenager. I'll be wiser. I'll have my own tallit and chumash. I can be part of a minyan and read from the Torah. I should fast on Yom Kippur.

If you could have a dream Kiddush luncheon following your Bar/Bat Mitzvah service, what would be served?

Vegetarian Poutine and Soom Soom Pita Truck. Lots of food trucks, an ice cream buffet, baked ziti, pizza, mac & cheese and vegetarian sushi. a 20 layer cake, lamb, steak, BBQ Turkey, Roasted Turkey, fried chicken and French fries.

Thanks Kitah Vav for your thoughtful answers! We all look forward to attending services followed by these amazingly delicious sounding Kiddushim!



Teen Engagement

Apply for a USY Board position today!

Last year we began rolling out a leadership team representing the teens of Beth El. The growth of teen programs depends on support and leadership of teens (shocking, I know). This year, we are announcing a more structured Board system in hopes of eventually growing our leadership to the point where we can hold elections each year. For the initial go around, teens are asked to fill out an application by April 7, which can be found here: <u>https://goo.gl/forms/</u><u>OoKW0CNxN00G8NR53</u>, or by contacting Rebecca for the link!

Why be on the Board? USY board is a great place to learn what it means to lead a community. The board will work together to develop and execute events for the rest of the USY and Kadima community. They will also be seen as strong

community leaders and mentors for younger kids at Beth El. In addition to the amazing resume builder, being on USY board will be a fun experience where you will be able to see your hard work in action! When I was in high school, I remember finding myself itching for leadership opportunities. Joining my synagogue's youth leadership taught me what it means to be a leader and how to develop skills to continue to lead through my life. It was so rewarding to see my ideas come to life. I will forever be grateful for the opportunity to learn and help grow my community.

I hope you will consider applying for one of the six positions available!

-Rebecca Levine

rebecca@betheldurham.org

Synagogue Life Committee

BE's Synagogue Life Committee has worked hard all year to bring you a delicious Community Shabbat Dinner on January 28, cooked by our guest chef Oren Wais of SoomSoom Pita Pockets. We had a packed social hall and a full waiting list. Our guests enjoyed a compost friendly dinner praised by so many! Thank you to everyone that helped make it so wonderful. Don't miss the next Community Shabbat Dinner! Look for more details after the High Holy Days.

We also brought you the fun-tastic Big Bang Theory Purim Spiel! What a blast for everyone!

Throughout the year we ask for Got Shabbat? hosts to help introduce new members to our existing families' Shabbat traditions, as well as to promote a virtual Shabbat experience by having multiple families celebrate Shabbat all united on several specific Shabbat evenings. We hope you'll help us when our building is being renovated by signing up to be a Got Shabbat? host.

We also send delicious holiday themed packages to BE college students.

Next year we hope to be able to schedule our Chanukah Party– Potluck and Game Night.

We would love to add more people to our team! If you would like to join this fun, hard working group, please contact Lois Price at loisprice123@gmail.com

Lois Price– Chair of SL Libby Vaughn– Incoming Chair of SL Margueritte Cox Krisha Miller Louis Sawyer– Music Liaison Greg Wood Annette Kronmiller Aaron Rosenstein Leslie Winner–Executive Committee Liaison









The Children, The Children

Lessons of the Holocaust

The Beth El community is invited to a luncheon and program featuring Rabbi Joseph Polak on Sunday, May 7 at 12:30 pm in the Beth El Social Hall. The event is co-sponsored by the Beth El Sisterhood, Lifelong Learning Committee and Center For Holocaust, Genocide, And Human Rights Education Of NC.

Rabbi Polak is a Holocaust survivor, Rabbi Emeritus of the Boston University (BU) Hillel House, Assistant Professor of Public Health at the BU School of Public Health, and Chief Justice at the Rabbinical Court of Massachusetts. Rabbi Polak was the 2015 recipient of the Jewish National Book Award for his memoir After the Holocaust the Bells Still Ring.

An infant when he was taken to the Westerbork and Bergen Belsen concentration camps, Rabbi Polak was one of the last witnesses to the Shoah and among the youngest. He will share his insights about the lessons of the Holocaust including his understanding that "the capacity for people to take care of each other is not an inevitable part of the human experience". Rabbi Polak will explore how children, the first to be emotionally damaged in times of crisis, are impacted by the recent evacuations of Jewish Community Centers due to bomb threats and desecration of Jewish cemeteries.

Join us for lunch and a conversation about contemporary anti-Semitism as it relates to the Holocaust.

Be sure to RSVP by April 30 for the luncheon, as space is limited and the event will be open to the entire community. Lunch and the program is \$10 for adults, \$5 for teachers, and free for teenagers. Reservations can be made by contacting Sheri at the Beth El Synagogue office at 919-682-1238.

Sharon Halperin Sharonhalperin88@gmail.com PLEASE JOIN US FOR A DISCUSSION WITH AUTHOR, JEWISH SCHOLAR AND HOLOCAUST SURVIVOR

Winner of the 2015 Jewish National Book Award Luncheon and presentation on his autobiography and experiences during the Holocaust. Talk entitled: "The Children, the Children."

\$10 for Adults \$5 for Teachers Free for Teenagers

RSVP: April 30, 2017

More Info: Email info@betheldurham.org or call 919-682-1238 May 7, 2017 at 12:30 pm Beth El Synagogue

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Director, Center For Holocaust, Genocide, And Human Rights Education Of NC, www.holocaustspeakersbureau.org





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<u>Yarhzeit Reminders</u>

Sivan		June	Tamuz		June
16	Pearl Penner	10	2	Mollie Gabin	26
	Morrison		2	Rivka Rachel	26
16	Herbert Sharp	10		Ginton	
17	Jonathan E.	11	2	Samuel Levine	26
18	Shimm Lionel Shapiro	12	2	Dalia Frider Weinisman	26
			3	Hannah Lakin	27
19	Gregory Chase Barry	13	4	Pearl Fisher Alexander	28
20	Earl Siegel	14	4	William Cassell	28
21	Margot Sandick	15	4	Sheila Krolik	28
	Warget Sanalek	15	4	Etta Lind	28
21	Sidney Shapiro	15	5	Vivian Fishkin	29
22	Lawrence Fox	16	5	Ida Grossman	29
22	Fannie Promisel Freedman	16	5	Gertrude Popovsky	29
22	Hyman Kresses	16	6	Donald Benjamin Hackel	30
22	Edmund Stolzenberg	16	6	Mildred Marcus	30
23	Milton Goldstein	17			
23	Tirtza Leiss	17			
23	Eunice Kresses Loewinsohn	17			
23	Daniel Miller	17			
23	Amanda Stang	17			
24	Leonard Becker	18			
24	Mollie Fridovich	18			
24	Irene Markoff	18			
25	Theodore Brody	19			
26	Esther Markman Enzer	20			
26	Elie Wiesel	20			
27	Dennis Hart	21			
27	Joseph L. Wechsler	21			
28	Lottie Frohman	22			
29	Julius Concors	23			
29	Isaac Evans	23			
29	Reba Levine	23			
29	Rose Sugarman	23			
Tamuz		June			
1	Zevel Berman	25			
1	Robin and Joshua Berry	25			
1	Eva Gadlli	25			
1	Herman Scherr	25			
1	Akiba Sitron	25			
2	Mitchell Bergman	26			
2	Samuel Cooper	26			

Many thanks to our donors who made contributions or pledges from December 20– March 20.

We apologize for any omissions; please let us know if your name should have appeared on this list.

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Bulletin Deadline

April Bulletin:

Monday, June 12

Please submit items to Jessie@betheldurham.org

KINGS DOMINION!!! Transportation & Park Admission included for DC, MD, Northern VA and NC! ed price (no transportation included) for Salisbury, Richm Atz Chaim/ Tidewater

Suses will depart from central areas across the region at approximately 30am and will return at approximately 7.00pm. 6th 8.7th graders will have check in times, and the park with sarth and stin -12th graders will have check in times, and the park with sarth and stin -12th graders will have check in times, and the park with sarth and stin -12th graders will have check in times, and the park with a stin and stin -12th graders will have the sate of the park with a stin and the stin and the international stin and the stin and the stin and the sate of the stin and the stin and the stin and the stin and the sate of the stin and the sate of the stin and the sate of the stin and the sate of the stin and th

Open to all USY & Kadima members nember?: Signing-up as a member is easy!!! Contact synagogue's youth director for more information.

sit http://tinyurl.com/Seaboard16-17/ to register online by April 16th. Questions? Call 301-838-7695 or email bloch@uscj.org.



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BETH EL SCHEDULE OF SERVICES

Friday evening services:

Services are held on Friday evenings only in conjunction with other programming or special occasions. See monthly calendars for dates and times.

Saturday morning services:

Services in the Orthodox Kehillah begin at 9:00 am

Services in the Main Sanctuary begin at 9:30 am

Weekday minyanim in the Main Sanctuary*:

Sunday mornings at 9:30 am

Wednesday mornings at 8:00 am (**7:45 am on Rosh Chodesh**)

*Please let the office know if you need to say Kaddish, even if a minyan has already been scheduled.

OFFICE HOURS:

Monday - Thursday: 9:00 am to 5:00 pm / Friday: 9:00 am to 1:00 pm

BETH EL WEBSITE: www.betheldurham.org

Dated Material

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