

A Guide for the
Yamim Noraim
(Days of Awe)
5778



Beth El Synagogue
1004 Watts Street
Durham, NC 27701
919-682-1238

A Journey Between Two Fasts

Rabbi Daniel Greyber, Elul 5778



We are on a journey between two fasts, Tisha B'Av and Yom Kippur. Each is 25 hours long and require abstention from eating and drinking and anointing and sex and wearing leather shoes, but they are not the same.

Tisha B'Av is (almost) all darkness. When we mourn the destruction of the Temples on the ninth of Av, we mourn not merely the burning of buildings. We cry because we remember

that our relationship with God, our connection to what is good and right in the world, was dealt a blow. That day is sadness and pain, loss and loneliness.

But from that day of darkness in the searing heat of summer, we chart seven weeks to Rosh Hashanah, seven haftarot of consolation that mark seven weeks of healing, of encouragement, that even when we feel so lost, God is never far away. From Rosh Hashanah to Yom Kippur, we spend ten more days working on ourselves, making ourselves better and, in doing so, bring us closer and closer to God and light. Yom Kippur is a serious day, but it is not sad. It is a day of light and, in the Hasidic tradition, we dress in white because it is a wedding day, a day of intimacy, of closeness, of forgiveness.

A journey between two fasts, from darkness to light, from loneliness to being together, from broken to whole, from what is done to what can be.

5778 Yamim Noraim & Sukkot Schedule

SELICHOT SERVICES

Motzei Shabbat, September 16
Selichot Service 8:30 pm —at the JCC

EREV ROSH HASHANAH

Wednesday, September 20
Orthodox Kehillah Services 6:45 pm
Services 7:00 pm
Babysitting 7:00 pm
NO Talmud Torah

ROSH HASHANAH DAY 1

Thursday, September 21
Services 8:30 am
Orthodox Kehillah Services 8:30 am
Children Services 10:30 am
Babysitting 11:15 am
Tashlich- Chapel Hill, 4:30 pm
Tashlich- Durham, 4:30 pm
Orthodox Kehillah Services 6:30 pm
Erev 2nd Day Services 7:00 pm
Food Drive Bag Handout

ROSH HASHANAH DAY 2

Friday, September 22
Services 8:30 am
Orthodox Kehillah Services 8:30 am
Children Services 10:30 am
Babysitting 11:15 am

SHABBAT SHUVAH

Erev Shabbat, September 23
Shabbat Morning 9:30 am

SUNDAY, SEPTEMBER 24/KEVER

AVOT

Sunday Minyan 9:30 am
Durham Hebrew Cemetery visitation 10:30 am
<http://durhamhebrewcemetery.org>

KOL NIDRE

Friday, September 29
Pre-Fast Dinner 5:00 pm
Babysitting 6:00 pm
Services 6:15 pm
Orthodox Kehillah Services 6:30 pm
Candle Lighting 6:45 pm
Food Drive Bag Collection

YOM KIPPUR

Saturday, September 30
Morning Services 8:30 am
Orthodox Kehillah Services 9:00 am
Children's Services 10:30 am
Yizkor 11:00 am
Orthodox Kehillah Yizkor 11:00 am
Babysitting 11:15 am
Study Sessions 3:45– 4:45 pm
Orthodox Kehillah Minchah 4:30 pm
Minchah 4:45 pm
Babysitting 5:45 pm
Neilah 6:00 pm
Orthodox Kehillah Neilah 6:00 pm
Havdallah 7:45 pm
Break-Fast following services

SUKKOT DAY 1

Thursday, October 5
Services 9:00 am
Shaking the Lulav and Etrog

SUKKOT DAY 2

Friday, October 6
Services 9:00 am
Shaking the Lulav and Etrog

HOSHANA RABA

Wednesday, October 11
Services 7:45 am

SHMINI ATZERET

Thursday, October 12
Services 9:00 am
Yizkor 10:30 am

EREV SIMCHAT TORAH

Thursday, October 12
Services 7:00 pm

SIMCHAT TORAH

Friday, October 13
Services 9:00 am

The High Holidays are a time when nobody should be alone. We are very proud that Beth El does not collect or check tickets for services. Donations are needed and helpful, but please know -- everyone is welcome. All can come and be part of our spiritual community.



The Beth El Ritual Committee, along with many others within the Beth El community, has been busy preparing for the High Holidays in order to make the services as meaningful and welcoming as possible to all who join us. At this time, we would like to share important information with the congregation concerning two aspects of Rosh Hashanah and Yom Kippur services: honors and seating.

1. High Holiday Honors

We would like to offer honors (ark openings, aliyot, etc.) to as many people as possible. However, for a growing congregation, this means that people who previously received honors may not necessarily be offered one every year. An exception is for certain types of honors that require specific skills and preparation, such as chanting a haftarah, where it makes sense for people to have the same honor for consecutive years. We appreciate your understanding and participation in Beth El services -- whether from the bimah or from your seat in the sanctuary.

2. Reserving Seats

One of the wonderful aspects of High Holiday services at Beth El is that, unlike many other synagogues, congregants do not need to reserve seats. This means that you can arrive at any time during a service and sit in any available seat. However, we realize that there has been an evolving informal tradition at Beth El of reserving seats and that congregants have been coming earlier and earlier prior to services to do so. This practice leads to clusters of seats that are unoccupied but unavailable and unintentionally creates an unwelcoming atmosphere. If you do want to set aside a small number of seats, please do so no earlier than 45 minutes prior to the start of a service.

In addition, seats will be reserved in advance for service leaders/facilitators and their families, and people waiting their turn to go up to the bimah for an honor (there will be four seats in the front row on the left side of the sanctuary for this purpose).

3. People with Disabilities or Other Special Needs

We do recognize that some people need to pre-reserve seats in advance for specific reasons. To accommodate these needs we are establishing the following guidelines:

- 1) People with restricted mobility or other disability can reserve **two seats** (one for themselves and one for a companion).
- 2) Seats can be reserved for: **Rosh Hashanah morning, Kol Nidre, Yom Kippur morning, and Ne'ilah.**
- 3) Seats reserved for first or second day Rosh Hashanah and Yom Kippur morning will be held only until **10:30 a.m.** Seats reserved for Kol Nidre will be held only until the service starts at **5:45 p.m.**
- 4) Anyone needing to reserve seats should contact the Beth El office (phone: (919) 682-1238, email: info@betheldurham.org) no later than **Monday, September 11.**

We hope you will be respectful of these guidelines as we come together as a community in just a few weeks.

May the coming New Year be one of sweetness and peace for you and your loved ones.

L'Shalom,

Randi Smith
Ritual Committee Co-Chair

Meg Anderson
Ritual Committee Co-Chair

Noah Pickus
President

Community Card 5778

Beth El's Community New Year's Card is now in the synagogue lobby, waiting for you to send New Year's greetings to your Beth El friends. You can send those good wishes without having to sign and mail individual cards AND you'll be doing a double mitzvah: funds raised through the Community Card will be given to the Eric Pas Camp Scholarship Fund to help send more kids to Jewish camps next summer.

It's easy to participate: simply make a donation to the synagogue earmarked for the Community Card, your name will be included for everyone to see. The greeting card project is sponsored by the Synagogue Life Committee. Our goal --*fill the card with names and help send more kids to camp.*

If you would like to make a donation to the Community Card, go online: www.betheldurham/high-holiday, or mail your check to Beth El Synagogue with "Community Card" on the memo line.

For more information, contact Libby Vaughn (libbyv@gmail.com)



A mural in Tel Aviv . Picture taken by Libby Vaughn

SELICHOT

*An evening of prayer,
storytelling and reflection*

SATURDAY, SEPTEMBER 16, 8:30 PM

LEVIN JCC

1937 W Cornwallis Rd, Durham

Sponsored by:



EREV ROSH HASHANAH

Wednesday, September 20
Services 7:00 pm
Babysitting 7:00pm
NO Talmud Torah

ROSH HASHANAH DAY 1

Thursday, September 21
Services 8:30 am
Children’s services 10:30 am
Babysitting 11:15 am
Tashlikh- Chapel Hill, 4:30 pm
Tashlikh- Durham, 4:30 pm

ROSH HASHANAH DAY 2

Friday, September 22
Services 8:30 am
Children’s services 10:30 am
Babysitting 11:15 am

TASHLICH SERVICE

Thursday, September 21

Chapel Hill– 4:30 pm at Eastwood Lake

Durham– 4:30 pm at Ellerbee Creek Trail meets Markham Ave

One of the most beautiful and powerful rituals of the *Yamim Noraim* season is *Tashlich*. “Tashlich” literally translates as “you shall cast,” and is a word used by the prophet Micah when he calls upon the Jewish community to cast their sins upon the water. Metaphorically, Micah was imploring the people to cleanse themselves of their mistakes and to repent.



A more visual way to cast off our misdeeds, this Rosh Hashanah afternoon ritual is great for the whole family. Bring comfy shoes, some old bread, and your singing voice.

For more information contact the Beth El office.

KEVER AVOT

Traditional Cemetery Service at Durham Hebrew Cemetery

Sunday, September 24 at 10:30 am

Death is the end of a life, but not the end of a relationship. Even after a person’s soul has left this world, many of us find ourselves still yearning to share our lives with that loved one. Our tradition beautifully recognizes this need through the ritual of *kever avot* (“grave of the ancestors”).



The ten days between Rosh Hashanah and Yom Kippur is an especially meaningful time to visit the cemetery, share our prayers for the upcoming year, and reflect on the lives of our deceased relatives and friends, regardless of where they are buried. Please join us on Sunday, September 24 at 10:30 am at the Durham Hebrew Cemetery as we partake in a ritual of remembrance. Directions to the cemetery can be found at <http://durhamhebrewcemetery.org>

High Holiday Movie Night at The Goldsteins’

Join Rabbi Greyber for a viewing and discussion of:
Have a Little Faith: The true story about writer Mitch Albom after he reluctantly agrees to pen the eulogy of his childhood rabbi.

Adam and Beth Goldstein
104 Ukiah Lane
Chapel Hill, NC 27514



Yom Kippur

September 29 & 30, 2017

KOL NIDRE

Friday, September 29
Pre-Fast Dinner 5:00 pm
Services 6:15 pm
Babysitting 6:30 pm
Candle Lighting 6:15 pm
Food Drive Collection

YOM KIPPUR

Saturday, September 30
Morning Services 8:30 am
Children's Services 10:30 am
Yizkor 11:00 am
Babysitting 11:15 am
Study Sessions 3:45 pm

Minchah 4:45 pm
Neilah 6:00 pm
Havdallah 7:45 pm
Break-Fast following services

Annual Kol Nidre Food Drive

Beth El's Fall Holiday Food Drive, sponsored by the Social Action Committee, will benefit at least five organizations which provide food for hungry people in our community: Jewish Family Services, Walltown Food Pantry, Urban Ministries, Iglesia Hispana Emanuel Food Bank and Families Moving Forward.

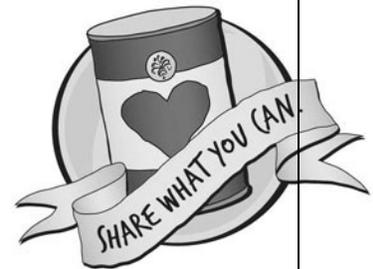
Bags will be distributed during Rosh Hashanah.

Please fill a bag(s) with non-perishable food and bring it to Beth El Synagogue any time between Kol Nidre services, **September 29**, and our Sukkot celebration on, **October 8**.

Food Items Requested

Following are the items most requested by Iglesia Emanuel Church. Other non-perishable items also are accepted:

- Pasta & pasta sauce
- Rice
- Beans, peas & lentils (canned or dry in bags)
- Canned vegetables (preferably low or no salt)
- Canned meat (Spam, tuna, chicken, salmon)
- Canned pasta (Spaghetti O's)
- Canned soup
- Canned fruits (preferably packed in 100% juice)
- Ramen noodles
- Macaroni & cheese
- Oatmeal or other hot & cold cereals
- Peanut butter (plastic jars)
- 100% fruit juice pouches or juice boxes
- Raisins or other dried fruit
- Granola bars
- Pudding cups
- Animal/ graham crackers
- Trail mix/popcorn



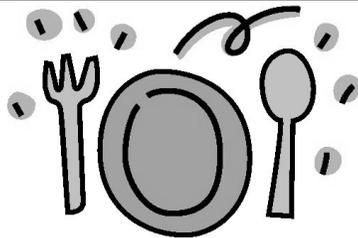
Yom Kippur Pre-Fast Dinner

Tuesday, September 29

5:00– 6:00 pm

We would love for you to join us for our Pre-Fast Dinner.

Registration is available at www.betheldurham.org/high-holidays or by calling the office (919-682-1238).



	Adult	Children (12 –7)
Cost	\$36	\$10

Registration will close on Monday, September 25

Fragrance Free—In consideration of our congregants and guests with allergies and other sensitivities, we ask that those attending services during the Yamim Noraim and Sukkot please refrain from wearing strong fragrances.



High Holiday Parking Information

Please reserve the Beth El lot for our congregants with special needs.

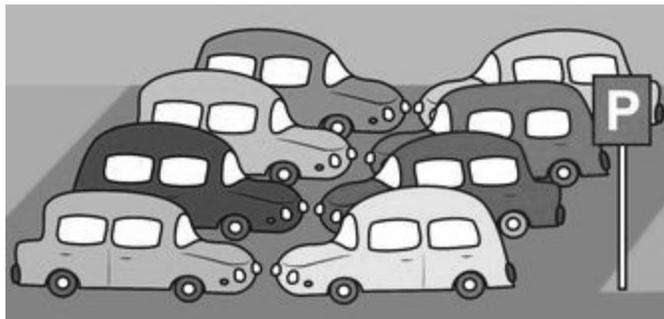
Street parking is available, but only NORTH of Markham Avenue.

You are facing North if Beth El is on your right.

Our neighbors at Watts Street Baptist Church (Watts St. lot) and Grace Lutheran Church (enter from Buchanan Blvd in the block north of the church building) have graciously offered their parking lots for our use on both Rosh Hashanah and Yom Kippur.

Please do not use the Watts Street Baptist Church lot for parking on Wednesday, Erev Rosh Hashanah

- **Watts Street Baptist Church** - Watts Street Lot only - Available on all holidays **EXCEPT** Wednesday, Rosh Hashanah
- **Grace Lutheran Church** - North side of the lot only (Buchanan Blvd. entrance)- Available on all holidays, **EXCEPT** Yom Kippur, Saturday, September 30.



Shaking the LULAV and ETROG—Thursday-Friday, October 5 & 6 during the 9:00 am Sukkot services

On Sukkot, all of us have the opportunity to both live inside a mitzvah---the sukkah---and to hold a mitzvah---the lulav and etrog. As opposed to the holy days of Rosh Hashanah and Yom Kippur when most of our spiritual actions take place inside our hearts and souls, Sukkot is about the external. It is about going outside and connecting to the natural world.

Again this year, lulav and etrog sets may be purchased through Beth El. At Sukkot morning services, we will have the opportunity to raise the lulav and etrog and shake them in the six directions of the world, a powerful and spiritually-fulfilling practice. Even if you are not able to attend Sukkot services this year, you are still encouraged to purchase a set so that you can wave them in your home and share them with your friends and family.

If you would like to order a set, please go to our website (www.betheldurham.org/high-holidays) and fill out the form (next page) or contact the office.

All orders must be in by Friday, September 8, due to our suppliers' shipping schedules.

Sets are \$45 each.

We'll let you know when they are in and can be picked up!

In the Sukkah

"Let all who are hungry, come and eat!"



Throughout Sukkot, all families are encouraged to bring kosher food and eat meals in our sukkah!

SUNDAY, OCTOBER 8
AT 12:30 PM

Pizza-in-the-Hut

The Men of Beth El (MoB) are making kosher pizza for you to enjoy in the sukkah (the "hut".) Come schmooze, enjoy delicious pizza, and fulfill the mitzvah of eating in the sukkah!



Lulav and Etrog Order Form

Beth El is once again making Lulav and Etrog sets available for purchase!

Each set is \$45 and they will be available for pick up at Beth El. You can pay online (www.betheldurham.org/high-holidays) or by sending a check to Beth El.

There is a link to the High Holiday page on the home page of our website!

Once they arrive you will be notified to come and pick up the set.

**All orders must be in by Friday, September 8,
due to our suppliers' shipping schedules.**



First Name:

Last Name:

Email:

Phone Number:

Number of Sets Requested:

Total Cost:
(Each set is \$45)

A Celebration!

Join Rabbi Greyber for a special Simchat Torah service filled with lots of singing and dancing!



Thursday, October 12 at 7:00 pm

Come hear the completion and start of the Torah and dance with the Torah around the shul, followed by a celebratory oneg!

**Friday, October 13 at 9:00 am**

Simchat Torah means "Rejoicing in the Torah." This holiday marks the completion of the annual cycle of weekly Torah readings. Each week in synagogue, we publicly read a few chapters from the Torah, starting with Genesis Ch. 1 and working our way through to Deuteronomy 34. On Simchat Torah, we read the last Torah portion, then proceed immediately to the first chapter of Genesis, reminding us that the Torah is a circle and never ends.



This completion of the readings is a time of great celebration. There are processions around the synagogue carrying Torah scrolls, and plenty of high-spirited singing and dancing with the Torahs. Drinking is also common during this time; in fact, a traditional source recommends performing the priestly blessing earlier than usual in the service to make sure the Kohanim are not drunk when the time comes! As many people as possible are given the honor of an aliyah (reciting a blessing over the Torah reading); even children are called for an aliyah blessing on Simchat Torah! As many people as possible are given the honor of carrying a Torah scroll in these processions. Children do not carry the scrolls (they are much too heavy!), but often follow the procession around the synagogue, sometimes carrying small toy Torahs (stuffed plush toys or paper scrolls).

Mahzor Order Forms

You can order online at www.betheldurham.org/high-holidays **There is a link to the High Holiday page on the home page of our website!**

If you would like to send a check to the Beth El office, please put "Mahzor" in the memo line.

Beth El Synagogue
1004 Watts Street
Durham, NC 27701



**Deadline for placing your order
is
Friday, September 8.**

First Name:

Last Name:

Email:

Phone Number:

Quantity Requested:

Total Cost:
(Each book is \$49)



USHER VOLUNTEER FORM



Name: _____

Address: _____

Phone: _____ Email: _____
 (required)

Your Ushering Availability

ROSH HASHANAH

YOM KIPPUR

_____ *Erev Rosh Hashanah, Wed., September 20*

_____ *Kol Nidre, Fri., September 29*

_____ *Rosh Hashanah Day 1, Tue., September 21*

_____ *Yom Kippur am service, Sat., September 30*

_____ *Rosh Hashanah Day 2, Fri., September 22*

_____ *Yom Kippur pm service, Sat., September 30*

For more information, please contact Casey (casey@betheldurham.org) or 919-682-1238.

Usher shifts usually last approximately **one hour**.

Please consider this simple *mitzvah*—your time will be greatly appreciated.

Please fill out this form and return it to us as soon as possible.

Beth El Synagogue Office
1004 Watts Street
Durham, NC 27701

Youth Programs for the *Yamim Noraim* 2017/5778

Tot Tefillah (under age 4): Freedman Center Lounge (upstairs)
10:30 am-11:15 am

Jr. Jr. Congregation (Pre K-2nd grade): Upper level of the Freedman Center
10:30 am-11:45 am

Jr. Congregation (3rd-6th grade): Freedman Center Classroom #1 (downstairs)
10:30 am-12:00 pm

Babysitting (ages 2-7) following children's services:

Erev Rosh Hashanah 7:00 pm
Rosh Hashanah Day 1 11:15 am
Rosh Hashanah Day 2 11:15 am
Kol Nidre 6:00 pm
Yom Kippur 11:15 am
Neilah 5:54 pm



Children must be dropped off and picked up by a parent.

All children should bring a dairy lunch.

The High Holiday babysitting program is for children ages 2 through 7. Please note that only children who are PRE-REGISTERED will be admitted– NO EXCEPTIONS!

All participants must contribute either time or a donation for babysitting. Space is limited! Donation minimum is \$18 per child, per babysitting session, with a family cap of \$36 per day.

Teen Lounge (7th-12th grade)
10:30 am– 12:00 pm

USY and Kadima teens are invited to join Averyl in the Teen Lounge, located downstairs from the main sanctuary– first room on the left. Join us any time during the day to take a break from the main service, play some games, have a snack (RH only), and do some learning. Discussions and teachings will be lead by Averyl, Rabbi Greyber, and possibly other guests. For a full list of scheduled discussions and topics please contact averyl@betheldurham.org or check out a posted list on the door of the teen lounge!

You can register online at betheldurham.org/high-holidays

*The Beth El Synagogue
Board of Trustees, Committee Chairs
and Staff wish our entire congregation
a happy, healthy New Year!*

