



# Shabbat Shalom

22 Nisan 5776  
April 30, 2016

PESACH VIII

## This Week at Beth El Synagogue

### Saturday, April 30: Pesach VIII

*Havdalah—8:44 pm*

#### NO SHABBAT MISHNAH STUDY

Orthodox Kehillah Services	9:00 am
B'nei Mitzvah Peer Tutoring	9:00 am
Main Sanctuary Services	9:30 am
Chavurah Minyan	9:30 am
Healing Yoga	10:00 am

### Sunday, May 1:

Sunday Minyan	9:00 am
Last day of Talmud Torah	9:30 am
Talmud Torah End of Year Siyyum/Picnic	11:00 am
AlephBet Closing Program Mad Science!	12:30 pm

### Monday, May 2:

### Tuesday, May 3:

Hebrew Level I with Donna Goldstein	6:00 pm
Hebrew Level II with Donna Goldstein	7:00 pm
Youth Faculty End of Year Celebration	7:00 pm

### Wednesday, May 4:

Weekly Wednesday Minyan	8:00 am
Talmud Torah (2-6) Tefillah Boot Camp	4:15 pm

### Thursday, May 5: Yom HaShoah

Lunch and Learn with Rabbi Greyber	11:30 am
Sulam Session #6	7:00 pm
Sicha: Belonging to the People of the Book Belonging to the Talmud	7:30 pm

### Friday, May 6:

*Candle Lighting—7:49 pm*

Teen Shabbat Dinner (8th graders invited) at Rabbi Greyber's	6:30 pm
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This weekend's Kiddush lunch is sponsored by:  
*Leah Austin, Sandy Berman, Jane Gabin & Richard Cramer, Laura & Bob Gutman, Annette Kirshner, Pearl Levine, Sue & David Klapper, Elaine & Lee Marcus, JoAnn & David Rubin, and Gladys Siegel*

Beth El is a welcoming community of members with diverse backgrounds, ideas, levels of knowledge, and observance. We are an egalitarian Conservative congregation, and a member of the Southeast Seaboard district of United Synagogue of Conservative Judaism (USCJ), and the Orthodox Union.

### Upcoming Events:

- ✧ Sat. 5/7 Shabbat Morning Mishnah
- ✧ Sat. 5/7 Shabbat Morning Orthodox Kehillah Services
- ✧ Sat. 5/7 B'nei Mitzvah Peer Tutoring
- ✧ Sat. 5/7 Shabbat Morning Services
- ✧ Sat. 5/7 Children's Services
- ✧ Sat. 5/7 Shiur with Esther Lederman
- ✧ Sun. 5/8 Sunday Minyan
- ✧ Sun. 5/8 Knitting Chevra
- ✧ Sun. 5/8 Holocaust Program
- ✧ Mon. 5/9 Rosh Chodesh Iyyar
- ✧ Mon. 5/9 MoB Bowling
- ✧ Mon. 5/9 Synagogue Life Meeting
- ✧ Tue. 5/10 Hebrew Level I/II with Donna Goldstein
- ✧ Wed. 5/11 Yom HaZikaron
- ✧ Wed. 5/11 Weekly Wednesday Minyan
- ✧ Wed. 5/11 Talmud Torah (2-6) Tefillah Boot Camp
- ✧ Thu. 5/12 Sulam Session #7
- ✧ Fri. 5/13 Kadima and 5th Grade Shabbat Dinner  
at Rabbi Greyber's

### Gabbai Schedule

Contact the scheduled gabbai if you'd like to request an *aliyah*, other honor, or to volunteer to lead a service in the Main Sanctuary. Gabbaim will try to accommodate requests made on Shabbat morning (by 10:15am, before the Torah service) but we ask for your understanding if all honors have been previously claimed during the week.



4/30 8-day Pesach Diane Markoff diane.markoff@earthlink.net	919- 969-8953
5/7 AhareyMot-MacharChodesh Alan Mandel andelcpa@gmail.com	917-589-5673
5/14 Kedoshim Jon Wahl jmwahl@email.unc.edu	919-942-3827
5/21 Emor Elise Goldwasser elise.goldwasser@duke.edu	919-956-8871

## Pesach

Adapted from <http://www.uscj.org/>

Counting the Omer-And Making Each Day Count Adapted from <http://www.uscj.org/> Day 1 (16 Nisan) - Why do you think we count the omer after dark?

Day 2 (17 Nisan) - Long ago, Jews brought an omer of barley - about a quart - to the Temple each day as an offering to God. What kind of offering might you make today?

Day 3 (18 Nisan) - Think about the preparations that culminated in the celebration of Pesach this year. Do the rules, rituals, and restrictions associated with this holiday enhance your celebration? How?

Day 4 (19 Nisan) - Pesach brought us freedom; Shavuot brought us the Law. What does the linking of these two holidays - and concepts - teach us?

Day 5 (20 Nisan) - One name for Shavuot is Atzeret, which means a concluding festival. What does this suggest about the relationship between Pesach and Shavuot?

Day 6 (21 Nisan) - Pesach is a celebration of the Exodus, in which God demonstrates God's power by, for example, dividing the Red Sea. Do you think witnessing miracles alone can create faith in God?

Day 7 (22 Nisan) - Today is the last day of Pesach in the diaspora and we recite Yizkor in the synagogue. Why do you think it is important to recite the memorial prayer even on our most joyous holidays?

Day 8 (23 Nisan) The period during which we count the omer is called s'firah , counting. During this time many Jews limit occasions for public rejoicing, generally refraining from holding s'machot, particularly weddings. What are the reasons for this practice?

Day 9 (24 Nisan) - When God spoke directly to the Jewish people before the revelation at Sinai, the people were extremely frightened and asked Moses to serve as a gobetween. What do you think frightened them?

Day 10 (25 Nisan) - Moses remained on the top of Mount Sinai for 40 days and 40 nights receiving the Law from God. During that time, the Jewish people built the Golden Calf. Why do you think they did this?

Day 11 (26 Nisan) - Shavot is called by many names, each indicating a different aspect of the holiday. (For example, Z'man Matan Torateinu, a rabbinic name for the holiday, refers to the giving of the Torah.) What other names for Shavuot have you learned, and what does each teach you about the holiday?

Day 12 (27 Nisan) - Today is the actual date for Yom HaShoah, although community observances many vary. Consider adopting a family or personal ritual, such as lighting a yellow Holocaust candle available from the Federation of Jewish Men's Clubs, to help bring the remembrance into focus.

Day 13 (28 Nisan) - Shavuot celebrates the giving of the Torah on Mount Sinai. According to legend, this mountain was selected because of its small size and modesty. What can we learn from this?

Day 14 (29 Nisan) - As we begin to anticipate receiving the Ten Commandments, consider the prospect of forming a society without such rules. Could it work? Would we want to be part of such a society?

**Beth El Synagogue**  
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[www.betheldurham.org](http://www.betheldurham.org)

Rabbi: Daniel Greyber  
Rabbi Emeritus: Steven Sager  
Synagogue President: Rachel Galanter

## Refuah Shleymah רפואה שלמה

Aharon ben David u'Miriam (Alan Goldman)	M'cor Eyshel bat Esther Tzvia	Jennifer Krunkosky
Baracha bat Sarah	Ovadya ben Elinor (Ovadya Fleishman)	Inez McFarling
Batya bat Shprintza (Barbra Roberman)	Reuven ben Chanoch v'Dinah (Robert Feurst)	Lorraine Morley
Bedonna Riva bat Sara	Sara bat Hinda (Sylvia Dante)	Faye Davis Rapp
Ben-Zion ben Sarah	Sarah Gittel bat Rut (Sue Perlo)	Gordon Rapp
Chana bat Malkah	Shira Batya bat Meirav	Ezra Rapport
Hannah Leah bat Sarah (Anna Crollman)	Shmuel ben Shoshana	Jack Reich
Daronit Esther bat Tuvia v'Leah (Jennifer Greyber)	Tuvia ben Shmuel v'Tziporah (Tovia Lebovich)	Michael Rockman
David ben Sarah (David Leitner)	Tziporah bat Esther	Richard Roth
David Yosef ben Avraham v'Hannah (Donald Goldstein)	Yitzhaka Zissel bat Avram haKohen u'Malka (Jane Gabin)	Carmen Sadowsky
Eliyahu Chanan ben Sarah (Ed Gagnon)	Sonia Berman	Lauren Schiro
Malkah bat Leah (Meg Anderson)	Anne Boyd	Susan Tolchin
Malka Hannah bat Basha Rachel Miriam Shifra bat Issur (Margaret Sachs)	Cynthia Brown	Christine Walters
	Elinor Fleishman	Derick Williams
		Orrie Wilner
		Amy Wolf

Please contact the synagogue office with any additions or changes to this list.

## Yahrzeits יארצייט

Friedel Bachenheimer	Augusta Korkin
Martin Cohen	Saul Leibel
Joseph Cohen	Sadie Levine
Marcel Davidow	Etta Bayer Liberman
Ethel Berman Engel	Gedale Man
Bernard Epstein	Julius Rosofsky
Helen Prakin Frank	Bettye Siegel
Erwin Freedman	Mary P. Siegel
Ida Goldberg	Benjamin E. Thurston
Lillian Gradin	

## BE Mazel Tov

Mazel Tov to the following Beth El members on their birthdays! Debra Bird, Steve Brown, Robin Cohen, Tim Dew, Howard Diamond, Sheila Goldstein, Adam Goldstein, Carol Haynes, Harold Kudler, Allison Oakes, Katie Schwartz, and Susan Springer

## BE Remembered

Beth El Synagogue extends condolences to:

Matt, Susan, Maddie and April Springer on the death of Matt's mother, Maddie and April's grandmother -- Myrna Barbara Springer - Masha bat Moshe -- who passed away peacefully Sunday, April 24 in Stamford, Connecticut. Funeral services took place on Tuesday, 4/26 in New Jersey. Shiva minyan will be held on Monday evening, May 2 at 7:00 at the Springers' home, 102 Stratford Dr., Chapel Hill, NC 27516.

Sam Gross and his family on the death of Sam's brother -- Dr. Stanley Gross - Mesholem ben Yenta v'Ezra -- who passed away on Saturday evening, April 23, in Greenwich, Connecticut.